Yale Relays (co ed event)

Schedule of events

10 am Field events (both genders with complete together and the same time.

Long jump, high jump, pole vault, shot put

Discus to follow after shot put

XC style race (distance approx. 2k)

12 pm 4x800 relay F-M-F-M

12:25 pm Shuttle Hurdle Relay F-M-F-M

12:35 pm 4x200 Relay F-F-M-M

12:45 pm Distance Medley Relay F1200-M400-F800-M1600

1:10 pm 4x100 Throwers Relay F-M-F-M

1:15 pm 4x100 Relay F-F-M-M

1:20 pm Sprint Medley Relay F400-M200-F200-M400

1:25 pm Bulldog Field Event Relay 1,2,3,400…any order

1:30 pm 4x400 Relay M-F-M-F

Awards