**Time Schedule**

1:30 PM Complex opens for participating teams

2:15 PM Implement weigh-in begins at shed near finish line

3:00 PM Women’s Pole Vault; Men’s immediately following but not before 4:00 PM

3:30 PM FIELD EVENTS BEGIN

Men: High  Jump and Shot Put

Women: Long Jump and Discus

4:00 PM FINALS - Men’s 3200 Meter Relay

 Women’s 3200 Meter Relay

4:30 PM QUALIFYING ROUND

 100m Dash, 100/110m Hurdles, 200m Dash

5:30 PM Scratch Forms due for 2nd Session

6:00 PM FIELD EVENTS FOR EVENING SESSION BEGIN

 Women: Shot Put and High Jump

 Men: Discus and Long Jump

**The National Anthem will take place 30 minutes after the conclusion of the last heat of the 200m qualifyer. Running events will then begin. We estimate about 6:00 PM.**

**Evening Finals**

100/110 Meter High Hurdles

100 Meter Dash

800 Meter Relay

1600 Meter Run

400 Meter Relay

400 Meter Dash

300 Meter Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Run

1600 Meter Relay Trophy Presentation and Final Results to follow